

September

Sun	Mon	Tue	Wed	Thu	Fri	Sat
X	X	X	1 AWANA Resumes	2	3	4
5 Upward Registration		7	8 AWANA 6:45-8:30	9 Lil' Blessings Play Group	10	11
12 Kidz Choir Bible Drills 6:00 PM	13	14	15 AWANA 6:45-8:30	16 Mom's Stroll Through the Park	17	18
19 Kidz Choir Bible Drills 6:00 PM	20	21	22 AWANA 6:45-8:30	23 Sonshine kids play group	24	25
26 Kidz Choir Bible Drills 6:00 PM	27	28	29 AWANA 6:45-8:30	30	X	X

October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
X	X	X	X	X	1	2
3 Kidz Choir Bible Drills 6:00 PM	4	5	6 AWANA 6:45-8:30	7 Lil' Blessings Play Group	8	9
10 Kidz Choir Bible Drills 6:00 PM	11 Upward Evaluations 6:00 PM	12 Upward Evaluations 6:00 PM	13 AWANA 6:45-8:30	14 Upward Evaluations 6:00 PM	15 How to teach kids the bible conference 6 PM - 9 PM	16 How to teach kids the bible conference 9 AM - Noon
17 Kidz Choir Bible Drills 6:00 PM	18	19	20 AWANA 6:45-8:30	21 Sonshine kids play group	22	23
24 Kidz Choir Bible Drills 6:00 PM	25	26	27 AWANA 6:45-8:30	28	29	30 Family Fall Festival 6:00 - 8:30 Celebration 2010

November

Sun	Mon	Tue	Wed	Thu	Fri	Sat
X	1 Celebration 2010	2	3 AWANA 6:45-8:30	4	5	6
7 Kidz Choir Bible Drills 6:00 PM	8	9	10 AWANA 6:45-8:30	11 Lil' Blessings Play Group	12	13
14 Kidz Choir Bible Drills 6:00 PM	15	16	17 AWANA 6:45-8:30	18 Sonshine kids play group	19	20
21 Kidz Choir Bible Drills 6:00 PM	22	23	24 No AWANA	25	26	27
28 Kidz Choir Bible Drills 6:00 PM	29	30	X	X	X	X

September-October 2010



A Note From Debbie Z as an encouragement to consider family nights...

There are several keys to have effective Family Nights.

- **Make it fun.** Enjoy yourself, and let the children have a ball. They may not remember everything you say, but they will always cherish the time of laughter—and so will you.
- **Keep it simple.** The minute you become abstract or complicated, you've missed the whole point. Don't try to create deeply profound lessons; just try to reinforce your values and beliefs in a simple, easy-to-understand manner.
- **Don't dominate.** Pull your children into the discovery process as much as possible. If you do all the talking, you've missed the mark. Ask questions, give assignments, invite participation in every way possible.
- **Go with the flow.** It's fine to start with a well defined outline, but don't kill spontaneity by becoming overly structured. If an incident or questions takes you in a different direction, great! Some of the best teaching opportunities are completely unplanned and unexpected.
- **Mix it up.** Don't allow yourself to get into a rut. Keep the sense of excitement and anticipation through variety. Experiment to discover what works best for your family. Use books, games, videos, props, made-up stories, charades, songs, music or music videos, or a family outing.
- **Do it often.** We tend to find time for the things we feel are really important. It is best to set aside one evening per week (the same evening if possible) for Family Nights. Remember, repetition is the best teacher. The more impressions you can create, the more of an impact you will make.



Taken from the Parents Guide to the Spiritual Growth of Children.

**AWANA resumes September 1st.**

Awana is for all children 3 year of age (by Sept. 1 and potty trained) through 6th grade. Awana Clubs meet on Wednesday nights, 6:45-8:30 p.m. starting Sept. 1st. Parents of clubbers 3-5 years of age must be on campus during club nights.

Awana age groups:

**CUBBIES**

For all 3 year old - pre K 5's whose parents are in attendance in a ministry program on Wednesday evenings. Must be 3 before September 1 and potty trained.

**SPARKS**  
Grades K-2

**TRUTH & TRAINING**  
Grades 3-6

**Ask God:**

1. To help your children have a positive school year.
2. To help you and your children manage life's stresses.
3. To help you resist the urge to be a "perfect" parent.

**Parenting Insights**

Psychologist Les Parrott III, writing in *Children's Ministry Magazine*, offers these ways to lower children's stress levels:

1. **Take care of your stress.** Monitor your stress level and protect yourself from running on empty. Take time to relax and find social support.
2. **Model coping skills.** Keep calm when problems arise because children will follow your example.
3. **Acknowledge children's feelings.** Help them find words and "I" statements to express their frustrations.
4. **Accept stress as normal.** Jesus told his disciples they'd face troubles. But it's possible to turn stressful times into times of growth.
5. **Know when to seek help.** When children's stress turns to panic, consult a professional.

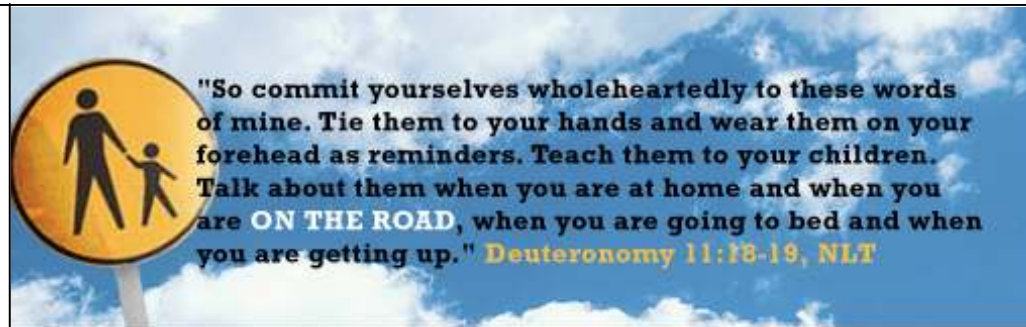
## OpenTheBook

**"Give all your worries and cares to God, for he cares about you."  
1 Peter 5:7**

Jesus warns that his followers will face earthly trials, but he also promises to protect and comfort us. Because our loving God is in control, we can put all our anxieties on his shoulders.

### Teachable Moments

- Under Pressure**—Give family members each an inflated balloon, and have them gradually step on it as everyone calls out stresses and pressures. When all balloons are broken, read aloud Philippians 4:6 and share ways that God helps us deal with stress.
- Puzzled**—Work on a jigsaw puzzle and talk about the challenges of putting all the pieces of a puzzle—and life—together. Read aloud Luke 1:37 and discuss how Jesus helps us solve even the toughest problems.
- Built to Last**—Together, use blocks or LEGOS to make as tall of a tower as possible. Talk about why your creation always falls down and why our efforts to be perfect will always fail. Then discuss ways that God is our sturdy foundation and how we can stand tall in him.



**Help your children open up about stress and perfectionism by asking these discussion-starter questions:**

1. What excites and worries you about going back to school?
2. What good does it do to worry about things we can't control? What are some ways we can hand our worries to God?
3. What are some things you try to do "just right," and why? How do you feel when you mess up?
4. How do you know when you've done your best or when something is "good enough"? How can you be satisfied with that?



### Upward Basketball is coming...

Registration starts September 1st. You must register online at [jerseychurch.org](http://jerseychurch.org), by clicking on the Upward icon on the bottom of our home page. Registration kiosks will also be available in the Children's lobby. Secure payments can be made online, or you can drop your check or cash off at the church office. Contact Ryan Morris at [rmorris@jerseychurch](mailto:rmorris@jerseychurch) with any questions.

Cost: Basketball — \$65  
Cheerleading — \$70  
Deadline: Registration is open from September 1st to October 10th  
Ages: 1st Grade—6th Grade

Registrations are finalized when payment is received.

\*\*\*League is limited\*\*\*



## How can you help...

We have openings for the following positions...

Coaches (Basketball and Cheerleading)  
Assistant Coaches  
Referees  
Practice Night Volunteers



Contact Ryan Morris if you are interested at [rmorris@jerseychurch.org](mailto:rmorris@jerseychurch.org)

This page is designed to help educate parents and isn't meant to endorse any movie, music, or product. Our prayer is that you'll make informed decisions about what your children watch, listen to, and wear.



## What's Playing at the Movies

**Movie:** *Alpha and Omega* (releases Sept. 17)

**Genre:** Family animation/adventure

**Rating:** Not yet rated

**Cast:** Voiced by Hayden Panettiere, Justin Long, Danny Glover, Dennis Hopper, Christina Ricci

**Synopsis:** While making their way back home after being captured by park rangers, two young wolves must deal with their personality differences. Kate, an alpha, is serious and driven, while Humphrey, an omega, likes to hang out and have fun. The wolves have to get along and bond so they can restore peace between rival packs at home.

**Discussion Questions:** How would you describe your personality? What kinds of people do you get along with the best: those who are similar to or different from you? Explain. Read aloud Genesis 25:21-28. How can we get along with and learn to enjoy people whose personalities and backgrounds are very different from our own?



## What Music Is Releasing

**Artist:** Sarah Kelly

**Album:** *Midnight Sun*

**Artist Info:** Kelly, a contemporary Christian singer-songwriter, has been a piano teacher and a worship leader. Because she left an abusive relationship and struggled with poor self-esteem, Kelly often sings about healing.

**Summary:** *Midnight Sun* builds on the raspy vocals and powerful lyrics of Kelly's acclaimed albums *Take Me Away* and *Where the Past Meets Today*. She's been compared to Janis Joplin and Sheryl Crow. Of the idea behind "Living Hallelujah," Kelly says, "It's wanting every attitude, every action, every motive, everything about me to be glorifying God."

**Discussion Questions:** How does your life show that you love and follow God? What makes it hard or easy for you to love yourself, and why? Read aloud 1 Corinthians 10:31. How can our everyday attitudes and actions give glory to God?



## What Games Are Out

Title	Content	Rating & Platform
<i>Guilty Party</i>	Up to four players join the Dickens Detective Agency to solve crimes together.	E; Wii
<i>Dragon Quest IX: Sentinels of the Starry Skies</i>	In this RPG (role-playing game), multiplayer modes let players share their customized adventures with others.	E10+; Nintendo DS
<i>Monkey Island 2: LeChuck's Revenge</i>	A wannabe pirate pursues a lost treasure. This series is known for its humor, creativity, and throwback puzzle-solving.	E10+; Xbox 360, iPad

**RATINGS:** EC=Early Childhood, E=Everyone (ages 6+), E10+ (ages 10+), T=Teen (ages 13+)



## Family Fall Festival

Jersey's Family Fall Festival will be held Saturday October 30th at Foundation Park in Pataskala from 6:00 PM—8:30 PM

FREE Event!!!

Lots of Candy  
Positive Costumes Welcome!

Please donate candy starting October 1st in the Children's Ministry Office.

If you are interested in volunteering at the Family Fall Festival, please contact Ryan Morris at [rmorris@jerseychurch.org](mailto:rmorris@jerseychurch.org)

## Mom's Day Out

**December 10 9AM—2PM**

Registration begins for Mom's Day Out November 7 at the info point and ends November 28 (or until we reach our limit in age group)

For children 6months old (by Dec. 1, 2010) to 5 years of age.

Registration cost \$20.00 per child with a sack lunch and drink.

If you have any questions please contact Debbie Zachariah at [dzachariah@jerseychurch.org](mailto:dzachariah@jerseychurch.org)

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